

Extra-uterine Endometrial Stromal Sarcoma of the Stomach Mimicking a Gastrointestinal Stromal Tumour: a Case Report

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BACKGROUND

Extra-uterine endometrial stromal sarcoma (EES) is an uncommon entity (10 % of all ESS) primary gastric involvement is exceptionally rare, with only two well-documented cases previously reported. Because such tumours present as ulcerated submucosal masses, they are easily misdiagnosed as gastrointestinal stromal tumours (GIST), making accurate, timely recognition critical for appropriate management.

CASE PRESENTATION

A 53-year-old woman presented with a five-day history of worsening epigastric pain, low-grade fever and malaise. CT imaging showed a 11 cm vascular mass on the greater curvature of the stomach with splenic-hilum and transverse-colon contact; endoscopy revealed a friable ulcerated lesion, and biopsies suggested a spindle-cell neoplasm favouring GIST. At laparotomy the tumour infiltrated stomach, splenic hilum, colon serosa and omentum. An en-bloc partial gastrectomy, splenectomy, segmental colectomy, cholecystectomy and omentectomy achieved negative surgical margins.

CONCLUSION

Primary gastric extra-uterine endometrial stromal sarcoma remains an exceptional finding and is easily mistaken for gastrointestinal stromal tumour. Accurate diagnosis and optimal management depend on comprehensive histology and immunohistochemistry, supported by fusion-gene testing, to guide margin-negative surgery plus endocrine therapy and, where applicable, TRK-targeted treatment. Given the tumour's capacity for very late relapse, lifelong surveillance is mandatory despite an initially favourable prognosis.

